Substance-dependent individuals report poor oral health

Responding to the Red-Tape Challenge

The British Dental Association (BDA) is calling on the profession to join in the government’s Red Tape Challenge by drawing attention to the myriad rules and regulations that distract them from providing patient care. An example is the disproportionate and duplicative regulatory requirements now imposed by the Care Quality Commission, but there are many more.

According to reports, public health, dental medicine and internal medicine faculty from Boston University investigated the effects of different substances on oral health among a sample of substance-dependent individuals. Alcohol, stimulant, opioid and marijuana users were included. The subjects were asked to self-report their oral health status on a five-point scale ranging from poor to excellent.

Statistical analysis of the patients’ reports found no significant associations between the types of substances used and oral health status. The results did show, however, that 60 percent of all subjects reported fair or poor oral health. Opioid users in the sample also exhibited worse oral health compared to one year ago.

“We found that the majority of our sample reported fair or poor oral health,” said Mediterranean Dental Hygienist, Dr Ni- nel Carter, took the opportunity to encourage those who wear removable braces or retainers to develop high standards of oral hygiene.

Dr Carter said: “If you wear a removable appliance, it’s important you take the time and effort needed to keep your teeth and braces clean. If you have good oral hygiene while wearing a brace, this will help avoid developing problems such as dental decay, gum disease and tooth decalcification, and can often be the difference between a successful course of treatment or otherwise. Removable appliances should be cleaned with a brush soak brush method of cleaning using an effervescent denture cleaner to help remove the bacteria and other organisms from the surface of the appliance. Simple things such as washing your hands before touching anything that can come into contact with your mouth can go a long way to reduce the risk of infection.”

Living with a brace can, at first, all be discomforting, and costly legislation that falls into the realm of ‘law box-ticking’, rather than an evidence base for the need for compliance by dental practices.

“It’s vital though that this red-tape initiative is not just window dressing and that we see some real reduction in the unneccessary and unjustified regulatory burden that hampers dentistry.”

MRSA discovered on braces

A recent study has revealed some of the bacteria found on orthodontic retainers. Research after orthodontic treatment is complete, can be associated with the hospital superbug MRSA, a condition which can lead to blood poisoning.

The research, carried out by the UCL Eastman Dental Institute in London, found a further two thirds of retainers examined in London, also found a further perbug MRSA, a condition which can lead to blood poisoning. The Foudnation’s own ‘Tell Me About’ leaflet range has a title devoted to the topic called ‘Living With My Brace’, which gives all the relevant information about a fixed or removable brace. The title, and many more, are also available online. Simply visit www.dentalhealth.org to tellmeabout to find out more.

Substance-dependent individuals report poor oral health

Researchers from Boston University have found that the majority of individuals with substance dependence problems report having poor oral health. The researchers also found that over the period of a year opioid users in particular showed a decline in oral health.

The BDA welcomes this initiative, which government ministers say not only offers the public an opportunity to say what they really think of unnecessary regulation, but also commits them to repealing legalisation that cannot be justified.

In a new pledge to get rid of unnecessary red tape, government departments will have to justify every single set of the 21,000 statutory rules and regulations in force today. Taxation, national security, and EU laws, are the only areas exempt from this scrutiny which will take place over the next two years. The exercise will apply to legislation in Northern Ireland, Scotland and Wales, where the government has jurisdiction.

Commenting on the Red Tape Challenge, Dr Susie Sanderson, Chair of the British Dental Association’s Executive Board, said: “This initiative chimes in well with the BDA’s long running campaign against red-tape in dental practice. Specifically, we will be asking members to suggest exempting dental practitioners from regulation by the Care Quality Commission and from licensing by the new healthcare economic regulator, Monitor.

“Our members have also told us that they are fed up with the ever burgeoning, and costly legislation that falls into the realm of ‘law box-ticking’, rather than an evidence base for the need for compliance by dental practices.

It’s vital though that this red-tape initiative is not just window dressing and that we see some real reduction in the unnecessary and unjustified regulatory burden that hampers dentistry.”

Dentist defrauded NHS

It has been reported in a local newspaper that a dentist who defrauded the NHS in order to treat deprived patients has been suspended for two years and handed a 12-month jail term.

It was reported that Bristol Crown Court heard that Dr Jonathan Stapleton had a £350,000, one-year contract to provide NHS dental work at his practice in Stapleton Road, Easton; however, he claimed £77,800 to continue treating his patients.

The court heard that Hunt used the money to keep his Stapleton Road practice afloat in order to treat patients in need throughout the area, including drug addicts and an increasing number of immigrants with poor dental health.

The fraud was uncovered as a result of an investigation mounted by NHS Dental Services. Hunt, 55, admitted seven charges of false accounting between March 2005 and October 2007.

The court heard Hunt has been suspended from his job, sold his practices in Easton and North Street, Bedminster, and paid all the fraudulently claimed money back.

According to reports, Judge Carol Hague told him: “There was noelement of personal gain whatsoever. On the contrary, you subsidised staff salaries from your own salary.”

“You provided treatment to a large number of patients under the NHS, at the highest standard, for many, many years. Up until the changes in remuneration in April, 2006, the StapletonRoad practice was flourishing. But the effect of those changes, combined with difficulties in providing theservice you previously provided, led to the situation being untenable.”

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Editorial comment

As I write this, the sun is shining, it’s getting too warm to work indoors and in a couple of days the Easter Bunny will be delivering a large pile of delicious chocolatey treats for my already hyperactive kids (not from me I hasten to add, they have two competitive, sorry, doting grandmother’s...).

Renewal of Brunei agreement

King’s College London Dental Institute can look forward to three more years of collaboration aimed at the development of the dental workforce in Brunei Darussalam after the renewal of the agreement with the Government of Brunei. Professor Stephen Dunne, Head of Dental Practice & Policy at the Dental Institute and Mrs Mabel Slater, Head of Dental Care Professionals Centre for Education and Learning will take this collaboration forward.

In welcoming the news of the signing of the renewal of the agreement, Professor Dunne said: “I am delighted that we are continuing this highly successful collaboration. It is a great pleasure to work with Ministers and colleagues in Brunei Darussalam. Much has been achieved during the past three years, in particular, the establishment of a Brunei Diploma in Dental Hygiene and Therapy Programme.

“In addition, foundations have been laid for other areas of workforce development, including Dental Technology and a Dental Hygiene Therapy Conversion Programme. Discussions are also underway to establish a National Survey of Oral Health Brunei Darussalam to fully inform dental workforce requirements for the future. Thus, I am confident that the next three years of our collaboration will be just as successful as the last.”

In the meantime, discussions, being led by the Dean, continue with the University of Brunei Darussalam in respect of the possibility of collaboration in respect of BDS (Bachelor of Dental Surgery) training.

Only one toothpaste gives non-stop 12 hour protection from bacteria...

I don’t know if dental professionals love or loathe this time of year – all that sugar and chocolate and gooey things just waiting to be scoffed against every bit of advice given at dental appointments; or the kind of cartographic situation that gives fuel for the oral health instruction! (and I bet you thought I was going down the more work for me’ route...)

Needless to say I hope that everyone enjoyed a peaceful time during the Easter break and are looking forward to the mayhem that will be the Royal Wedding and May Day!

Of course it would be remiss of me not to mention the upcoming Clinical Innovations Conference, just two weeks away. To be held May 6-7 at the Royal college of Physicians in Regent’s Park, London. Not only will some of the world’s top speakers be there, but you’ll also have a chance to see me as I will be attending! For more information about the event go to pages eight, nine and 50 of this issue.

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tre? The British Dental Confer-
ence and Exhibition 2011 19th-
time offers dental care professionals all this and more.

In collaboration with Oral B, the event team of organisa-
tions has put together a series of ses-
sions specifically designed for dental professionals. For the first time the BDA is provid-
ing a DGP theatre within the exhibition, offering a series of 21 bite-sized lectures on a variety of topics, all absolutely free!

On 19th May speakers will cover subjects including:

• Fear-free dentistry
• Medical emergencies – aller-
gies and allergic reactions
• How to integrate prevention into your daily practice
• Periodontal health
• A-Z of running a successful practice
• The dental nurse as a registered professional
• The prevention of oral cancer

On 20th May speakers will cover subjects including:

• Good record keeping
• Periodontal health
• Boost your profitability with business planning
• How social networking can help promote your practice
• Smoking cessation

Places are available on a first-come, first-served basis through-
out the day, enabling you to drop in and out as you please. 2011’s exciting programme of lectures and seminars in the main hall is not to be missed.

Featuring a variety of leading speakers from around the world, dental care professionals will be spoilt for choice.

For more information visit www.bda.org.uk/conference or call 0207 955 0875.

Go ‘Absolutely Dental’!

The British Dental Health Foundation wants dental and health professionals to go ‘Absolutely Dental’ during Na-
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The Foundation has pub-
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Some of the many addres-
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Happy the Hippo here to help

Happy the Hippo has been recruited by the British Dental Health Foundation to help teach young children how to look after their teeth. Around one third of children under the age of 12 in the UK continue to suffer from dental decay. Happy will be joining the Foundation in May to help lead the 55th National Smile Month campaign.

Major improvements in children’s oral health over the past 40 years, many children are still being affected by dental decay. The most recent data suggests that around a third (31 per cent) of five-year-olds starting primary school will have dental decay. The picture is slightly worse for children aged 12 in secondary schools – one third of children in every classroom will have signs of visible dental decay.

The theme of this year’s National Smile Month campaign is the ‘Smile Factor’. In adulthood peoples’ mouth, teeth and smiles are fundamental to all aspects of their life – whether career, personality, relationships, attraction or all-round good health. Creating good oral health habits from an early age are especially important to help children keep their smile factors throughout their lives.

Chief Executive of the British Dental Health Foundation, Dr Nigel Carter, says: “Over the past 40 years we have made great improvements in children’s oral health. In 1975, nine out of every ten children aged twelve showed signs of visible dental decay.

However, the incidence of dental decay still remains too high and we hope that Happy the Hippo will share more children how to look after their teeth better.

“National Smile Month between 15 May and 15 June is a great opportunity for parents, guardians, schools and teachers to get involved. We have lots of excellent free resources at www.smilemonth.org to help educate and improve children’s oral health. Our free Dental Helpline on 0845 063 1188 is also available to anyone who needs help and advice."

Enzyme could fight caries

The bacterium Streptococcus salivarius, a harmless inhabitant of the human mouth, inhibits the formation of dental biofilms (plaque). Japanese researchers have discovered that the bacterium produces the FruA enzyme, which inhibits the development of plaque.

In their study the scientists separated a couple of substances produced by Streptococcus salivarius and tested their impact on Streptococcus mutans, the primary species of bacteria inhabiting the mouth and main factor for the formation of plaque. The authors suggest that FruA may actually regulate microbial pathogenicity in the oral cavity.

“We show that FruA produced by Streptococcus salivarius inhibited Streptococcus mutans biofilm formation completely in the in vitro assay supplemented with sucrose,” the researchers state in their study, which was published in the March 2011 issue of the journal Applied and Environmental Microbiology.

The researchers say the activity of the inhibitors was elevated in the presence of sucrose, and the inhibitory effects were dependent on the sucrose concentration in the biofilm formation assay medium.

FruA is produced not only by Streptococcus salivarius, but by other oral streptococci. Much of the oral microbial flora consists of beneficial species of bacteria. They help maintain oral health and control the progression of oral disease.

According to the science portal wissenschaft.de, a major step in fighting caries could be taken if the researchers find a method to implement FruA into a dental health product.

New Appointments at James Hull Associates

James Hull Associates is delighted to announce two new senior appointments as it further strengthens its Board.

Current CEO Robin Pugh, (pictured left), will step up to Chairman after successfully guiding the business through its recent refinancing. Robin will take up the role of Chairman led vacant since the departure of Graham Hutton of Hutton Collins. Robin said “This is an exciting point in the development of the Group and I look forward to working with the team to take the business forward as the UK’s leading provider of specialist dental services.”

Robin will be replaced as CEO by Bryan Magrath, (pictured right), who joins James Hull Associates after a long and successful career with some of the UKs leading blue chip retailers. Bryan’s experience in customer facing organisations will be vital in helping James Hull Associates become the UK’s dentist of choice both for general and specialist care. Bryan said “I’m delighted to be joining James Hull Associates and the world of dentistry. The sector is changing rapidly and JHA is ideally positioned to take advantage of the developing market. I look forward to learning from the team around me and being part of the next phase in the development of JHA.”

JHA is a UK provider of specialist and general dental care with 74 practices nationwide, all dedicated to providing the highest standards of clinical care and customer service.

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